HE SAID WHAT HE SAID

“Ah, OK,” some might say, “so it’s important to rest and focus on our relationship with God! But what difference does it make whether I do so on Monday or on Thursday?” We answer with a Bible story.

Although he was one of the most powerful men in the most powerful nation of his day, Naaman found himself at the mercy of an incurable disease. Life as he had known it was over until hope sprung fresh through the testimony of his wife’s slave maid. Young as she was, this little slave girl dared to suggest that the God of her enslaved people was greater than the gods of the Syrians, and if Naaman would go to the prophet of the Lord, he could find healing. Naaman was desperate. He went.

Aside from the fact that the prophet Elisha did not even bother to greet Naaman in person, Naaman was appalled by the means through which he was to receive healing. There were clean rivers in Syria, but the prophet told him to dip in the Jordan. Worse still, he had to repeat the procedure seven times!

After dipping into the waters of the Jordan four times, his leprosy fared no better. Five times . . . six times . . . no change. The lesson for Naaman was that when God says “seven,” six won’t do. There was a healing awaiting Naaman, but he could only receive it in full surrender to God’s clear word (2 Kings 5). Heeding exactly what God has said is important if we are to reap the benefits of aligning ourselves with Him.
Write out Psalm 33:6-9 from the Bible translation of your choice. You may also rewrite the passage in your own words, or outline or mind-map the chapter.
Go back to your scribed text and study the passage.

**Circle** repeated words/ phrases/ideas

**Underline** words/phrases that are important and have meaning to you

Draw **Arrows** to connect words/ phrases to other associated or related words/phrases

What special insights do your marks seem overall to point to?

Memorize your favorite verse in Psalm 33:6–9. Write it out multiple times to help with memorization.

Which of God’s promises do you struggle to believe?

How can you learn more of God’s promises for your life?

Read more at www.inversebible.org/sab08-3
After looking at your scribed and annotated text, what special insights do your marks seem to point to overall?

What questions emerge after studying this passage? What parts are difficult?

What other principles and conclusions do you find?

When you imagine a holy person, what picture pops into your mind? Do you fit the mold?

Read more at www.inversebible.org/sab08-4
Review your memorized verse from Psalm 33:6–9.

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What relationship do the following verses have with the primary passage?

1 Peter 1:15–17
Isaiah 55:10, 11
Hebrews 4:12
Genesis 1
Mark 4:36–41

What other verses come to mind in connection with Psalm 33:6–9?
Meditate on Psalm 33:6–9 again and look for where Jesus is.

How have you experienced Christ’s life-giving word today?

How do you see Jesus differently or see Him again?

What is He saying to you through these texts?

Prayer: How do you respond to seeing Jesus in this way?
Review the memory verse. How does it apply to your life this week?

After this week’s study of the chapter, what are personal lessons you learned?

What are lessons you can apply to the world around you?

Read more inSight from the Spirit of Prophecy at www.inversebible.org/sab08-7
Share insights from this week’s memory verse and Bible study as well as any discoveries, observations, and questions with your Sabbath School class (or Bible study group). Consider these discussion questions with the rest of the group.

Why do details matter when it comes to spiritual things?

Describe your experience with the Word of God resulting in change, power, and/or transformation.

How do you experience the creative power of God’s Word every Sabbath?

How can some go through the Sabbath without this experience?

Explain holiness in your words. Next, explain your own experience of holiness in your words.

How do we reconcile modern contemporary lifestyles with biblical holiness?

How does the Sabbath differentiate life from living?

How can you help others experience the power of God’s Word?