SABBATH AND SCHOOL

The leaders of the Reformation: Martin Luther, John Calvin, and Ulrich Zwingli moved and were moved on the public university campus. Through their ministry, revolutions were eventually ignited at the world’s best colleges and universities. However, they were but the tipping point of revival that eventually led to the birth of the Seventh-day Adventist Church. Arguably, the groundwork of the Reformation was done—at least in part—by a group of people known as the Waldensians, who many Protestant scholars regard as the forerunners of the Reformation.

During a time of intense persecution, those faithful, Bible-believing Christians were forced into the mountains and valleys to find safety and religious freedom. Their young people were tasked with committing large portions of the Bible to memory. At schools in the wilderness of the Alps, students wrote portions of Scripture and wove into their clothing the precious pages of the Bible. They enrolled as students and lived out their faith, dropping seeds of truth. People saw the unmovable faith these students of the valley possessed and were strangely drawn to their example. The Waldensian movement impacted the best universities throughout Europe, setting the stage for the fire of the Reformation.

The power in the Waldensian ministry of public campuses lay in the way they lived their faith, keeping the Sabbath and dropping seeds of truth. They didn’t engage in controversy. As onlookers watched they asked themselves, What does this all mean? The power of the Sabbath served as a tool for these underground missionaries to lead souls to Christ.
Write out Exodus 31:12–18 from the translation of your choice. You may also re-write the passage in your own words, outline, or mind-map the chapter.
Go back to your scribed text and study the passage.

Circle repeated words/ phrases/ideas

Underline words/phrases that are important and have meaning to you

Draw Arrows to connect words/ phrases to other associated or related words/phrases

What special insights do your marks seem overall to point to?

Memorize your favorite verse in Exodus 31:12–18. Write it out multiple times to help with memorization.

How have your family and Sabbath experiences compared to the Edenic experience?

Read more at
www.inversebible.org/edu09-3
After looking at your scribed and annotated text, what special insights do your marks overall seem to point to?

What questions emerge after studying this passage? What parts are difficult?

What other principles and conclusions do you find?

What elements of your Sabbath experience have retained God’s original educational intent?

Read more at www.inversebible.org/edu09-4
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What relationship do the following verses have with the primary passage?

Exodus 20:8–12
Isaiah 58:1–14
Philippians 2:12, 13
Matthew 11:28–30

What other verses/promises come to mind in connection with discipleship and harvesting?

Review your memorized verse from Exodus 31:12–18.
How do you recognize, acknowledge, and actualize Jesus as your Lord of the Sabbath?

What is He saying to you through these texts?

How do you see Jesus differently or see Him again?

Prayer: How do you respond to seeing Jesus in this way?

Where do you see Jesus in Exodus 31:12–18?

Read more at www.inversebible.org/edu09-6
Review the memory verse. How does it apply to your life this week?

After this week’s study of the chapter, what personal applications are you convicted of in your Sabbath-keeping?

How can you make practical applications of Sabbath-keeping in your school, family, workplace, and church?

Read more inSight from the Spirit of Prophecy at www.inversebible.org/edu09-7
Share insights from this week’s memory verse and Bible study as well as any discoveries, observations, and questions with your Sabbath School class (or Bible study group). Consider these discussion questions with the rest of the group.

How can Sabbath be made a witnessing instrument?

How are the Sabbath and the family attacked today?

What can God do to enhance your Sabbath and family experiences?

How has the Sabbath been a special sign between you and God?

What are ways to make the Sabbath more meaningful and special in your life?

How does this week refresh your understanding of the Sabbath?

Why must work be coupled with rest?