ROOTED TO SPREAD

After preparing the soil with friendship and service, the next phase in the disciple-making process is to plant seeds of spiritual truth. This is accomplished by introducing spiritual elements into our conversations, offering personal testimonies, or sharing truth-filled literature or media. Planting the seed of God’s Word may nurture spiritual interest if the soil of the heart is fertile. This stage is a natural extension of the preparation stage. Planting these seeds is absolutely essential if we are ever to eventually reap a spiritual harvest.

This week’s lesson looks at a couple of the primary ways that spiritual planting takes place. As the narrative of John 4—the conversation between Jesus and the woman at the well—evidences, a spiritual conversation can take place where seeds can be planted through a testimony or an invitation. The chapter is an example of a conversation going from the mundane into the spiritual.

The second manner of planting is through the sharing of literature and media. Various manifestations of the seed exist solely to implant truth and spiritual material into the soil. Regardless of technique, the mindset of planting seeds should be “well rooted” in the mindset of the Christian disciple.
Write out John 4:7–26 from the translation of your choice. If you’re pressed for time, write out John 4:19–26. You may also re-write the passage in your own words, outline, or mind-map the chapter.
Go back to your scribed text and study the passage.

Circle repeated words/phrases/ideas

Underline words/phrases that are important and have meaning to you

Draw Arrows to connect words/phrases to other associated or related words/phrases

What special insights do your marks seem overall to point to?

Memorize your favorite verse in John 4:7–26. Write it out multiple times to help with memorization.

How do we take planting and literature distribution to the next level at the local church?

Read more at www.inversebible.org/disc07-3
After looking at your scribed and annotated text, what special insights do your marks seem to point to overall?

What questions emerge after studying this passage? What parts are difficult?

What other principles and conclusions do you find?

Outside of literature distribution and the sharing of our testimonies, what are other forms of “planting” in the discipleship process?

For more information on the planting stage and the Grow cycle, visit https://grow.adventist.org/plant/.

Read more at www.inversebible.org/disc07-4

What relationship do the following verses have with the primary passage?

Isaiah 32:20
Ecclesiastes 11:4–6
2 Corinthians 9:6

What other verses/promises come to mind in connection with discipleship and planting?
As we invite others to consider Christ, have you yourself had that conversation with Christ yet?

What is He saying to you through these texts?

How do you see Jesus differently or see Him again?

Prayer: How do you respond to seeing Jesus in this way?

Meditate on John 4:7–26 again and look for where Jesus is.

Read more at www.inversebible.org/disc07-6
inSight

Review the memory verse. How does it apply to your life this week?

After this week’s study of the chapter, what personal applications are you convicted of in your life?

What practical applications must you make in your school, family, workplace, and church?

Read more inSight from the Spirit of Prophecy at www.inversebible.org/disc07-7
The Process of Discipleship: Plant

Share insights from this week’s memory verse and Bible study as well as any discoveries, observations, and questions with your Sabbath School class (or Bible study group). Consider these discussion questions with the rest of the group.

How is planting different from preparation?

Why do some mock the form of distributing Christian literature and tracts? How can this form be improved?

Besides literature, what are other forms for planting?

What is preventing you and your church from being more active seed planters?

What are ways to engage media ministry more in the discipleship process?

How can we be more like Christ in the art of conversation and listening?

How can we maintain sincerity, authenticity, and realness in our Christian discipleship?

When and where will you plant next?

The Process of Discipleship: Plant