Daniel chapter 1 begins with the theme of temperance and its correlation with spiritual revelations, while chapter 2 contains the theme of prayer and its relationship with spiritual revelation. A crisis has arisen in Babylon, and Daniel and his three friends pray. God’s answer to their prayers affected not just their circumstance but also Christianity’s understanding of prophetic history forever. And it all began in a small-group prayer meeting!

The importance of prayer is often talked about but is seldom practiced beyond the formalities of praying before meals and before one goes to sleep. It has almost become a mere ritual or rite of passage that Christians do out of habit. Thus the organic, authentic, and invigorating potential of prayer is seldom experienced. Furthermore, the transformative power of prayer for the individual as well as the global impact is lost.

We might think of prophecy as an intellectual exercise of the mind. However, the book of Daniel grounds prophetic understanding in physical temperance and spiritual prayer. The book of Daniel does not assume a dualistic approach of the separation between mind, body, and the spiritual nature to understanding. Rather, it necessitates that the entire human being be conditioned for spiritual revelation. Prayer is the prerequisite to spiritual prophetic understanding.
Write out Daniel 2:1–30 from the translation of your choice. If you’re pressed for time, write out Daniel 2:16–23 from your Bible translation of choice. You may also rewrite the passage in your own words, outline, or mind map the chapter.
Go back to your scribed text and study the passage.

Circle repeated words/ phrases/ideas

Underline words/phrases that are important and have meaning to you

Draw Arrows to connect words/ phrases to other associated or related words/phrases

What special insights do your marks seem overall to point to?

Memorize your favorite verse in Daniel 2:1–30. Write it out multiple times to help memorization.

Why does humanity refuse to acknowledge its own limitations?

What is your prayer life like - really?

Read more at www.inversebible.org/dan2-3
After looking at your scribed and annotated text, what special insights do your marks overall seem to point to?

What questions emerge after studying this passage? What parts are difficult?

What other principles and conclusions do you find?

Which composite picture of Daniel’s character emerges from this chapter?

Read more at www.inversebible.org/dan2-4
What relationship do the following verses have with the primary passage?

*Prayer Life of Jesus*
- Mark 1:35
- Matthew 14:23

*Prayer Life of the Christian*
- Philippians 4:6, 7
- 1 Thessalonians 5:17

What other verses/promises come to mind in connection with Daniel 2:1–30?
Meditate on Daniel 2 again and look for where Jesus is.

Where is Jesus in Daniel 2:17–23?

How do you see Jesus differently or see Him again?

Prayer: How do you respond to seeing Jesus in this way?

Read more at www.inversebible.org/dan2-6
Review the memory verse. How does it apply to your life this week?

After this week’s study of the chapter, what are personal applications you are convicted of in your life?

What practical applications must you make in your prayer life?

Read more inSight from the Spirit of Prophecy at www.inversebible.org/dan2-7
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Share insights from this week’s memory verse and Bible study as well as any discoveries, observations, and questions with your Sabbath School class (or Bible study group). Consider these discussion questions with the rest of the group.

When is the last time you felt like you really talked with God? What was the difference that time?

What are some of the things that make it difficult to pray?

When was a time when God really answered your prayer?

What times do you find it easier to pray than others?

What are the types of things that we typically pray for and why?

Have you ever fallen into a mindless ritual of praying? Why do you think this can happen?

When was a time that you prayed in a small group of friends? What was that experience like?

What do you think is the key to a consistent, powerful prayer life?